

# AKESIZANGATHEKISE NGOBHANANA NGATHI SINGUWO NGEMPELA!

Lesi singathekiso ngobhanana yisibonelo sezindlela zokuzivikela kanye nabanye ukuze ukungaxhamazeli uma senza izinto. Sazise ukuhloniphana ngokulingana; nathi sizihloniphe sibe siqhaphela nezindlela esiphathethene ngayo inhlonipho nabanye; sizijwayeza ukukhulumisana ngendlela ekahle.

Kubalulekile ukuzifundisa ukuba njengawo lobhanana nsuku zonke!  
Singaba ubhanana kanjani namhlanje?  
Ngosuku, bhala indlela eyodwa vo, yokuba ubhanana?

**Namhlanje, ngigizoke ngibe ubhanana ngoku...**

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