

Take 5



Ukuziqhelanisa nokuphefumla sisixhobo esiluncedo, esinokusanceda ukuba sizole, sigxile, kwaye siphumle. Xa sizolile, siziva ngcono, siphilile, kwaye sinokwenza izigqibo ezingcono malunga nesikuthethayo nesikwenzayo.

- 1. Hlala ngokukhululekileyo, kwaye uvale amehlo akho.**
- 2. Xa ukulungele, phefumlela ngaphakathi ngokucothayo ngempemfumo, ubale uphele kwisine.**
- 3. Phefumlela ngaphandle ngomlomo ubale uphele kwisine.**
- 4. Phinda uphefumlele ngaphakathi nangaphandle ngokucothayo kathathu.**
- 5. Xa ukulungele, vula amehlo akho ngokucothayo. Thatha umzuzwana uqaphele ukuba iTAKE-5 ikwenze ukuba uzive njani.**

Khumbula, ungayenza iTake-5 naphi na apho ufuna khona, ukunceda wena kunye nabahlobo bakho kunye nosapho ukuba nizive nizolile nomelele kwaye niBANANAS!