LET'S BE BANANAS!

Being bananas means we protect each other and ourselves from harm; we respect each other equally and respect ourselves; and we practice open communication!

It's important we practice being bananas every day. How can we be bananas today? Each day, write out one way you can be bananas!

Day 1: Today I will be bananas by ____________________________

Day 2: Today I will be bananas by ____________________________

Day 3: Today I will be bananas by ____________________________

Day 4: Today I will be bananas by ____________________________

Day 5: Today I will be bananas by ____________________________

Day 6: Today I will be bananas by ____________________________

Day 7: Today I will be bananas by ____________________________

www.waves-for-change.org/resources/