



CHANGING LIVES, ONE WAVE AT A TIME

W4C supports, trains, and resources community-based mentors to lead W4C programmes for their communities. Mentors are given two year training contracts, ensuring consistent programme delivery whilst also improving local childcare infrastructure and job readiness of mentors, allowing them to find job opportunities post training.

THE CHALLENGE

Limited education, lack of access to training, and psychosocial challenges



Unemployed and financial exclusion

OUR SOLUTION

Mentorship, accredited training, and work experience



Improved professionalism and increased job opportunities

COACH OUTCOMES:

- Increased employability skills
- New employment opportunities
- Improved personal wellbeing
- Increased skills to work with youth
- Increased skills to work in the ocean

89%

of coaches say their professionalism has improved

OUR MISSION: W4C provides a child-friendly mental health service to vulnerable and differently abled young people living in unstable communities. Through connections to safe spaces, caring mentors, and a 12-month weekly Surf Therapy curriculum, W4C gives children skills to cope with stress, regulate behaviour, build healing relationships, and make positive life choices.



W4C Pathway FROM CHILDHOOD TO ADULTHOOD AND BEYOND



🏄 REFERRAL 🏄

Referral partners include schools, Autism Spectrum Disorder units, and government departments.
8/10 youth referred to W4C experience chronic adversity.

*"YOU COME TO HEAL THE CHILDREN, AND END UP HEALING YOURSELF."
- W4C COACH*

In 2017, 1099 youth received weekly Surf Therapy courses, over 12 months!

🏄 SURF THERAPY 🏄

W4C Surf Therapy combines evidence-based mind/body therapy with the rush of surfing to improve mental, physical and social health outcomes. Caring adult, fun and challenging task in a safe space, coping skills.

🏄 SURF CLUB 🏄

Surf Clubs maintain connection to the ocean and their mentors, and connect youth to new opportunities.

Since 2015, 83 youth obtained vocational skills or qualifications!

In 2017, 650 youth graduated to ongoing weekend Surf Clubs!

🏄 SKILLS AND QUALIFICATIONS 🏄

Since 2015, 72 youth accessed further work opportunities!

Increase connections to new social networks, training, and employment.

🏄 ACCESS TO WORK 🏄

50% of W4C staff are former surf therapy participants.

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